



Developmental Group

Men's Development Executive Committee

December 1st

Present: Larry James-Chair, Manny Bautista-Secretary, James Williams-Sprints Chair, John McNichols-Hurdles Chair, Chris Somerlot-Throws, Scott Hall-Multi events, Brad Hackett-Former Chair, Duffy Mahoney-National Office

Duffy introduced the members of the coaching staff at the Olympic Training Center at Chula Vista, they include: Todd Henson, who has been there for some time, Bud Rasmussen- who will oversee the throws, Tony Campbell who will oversee the sprints/hurdles, Al Joyner who will oversee the Long Jump, Triple Jump, and High Jump. Joaquin Cruz will help with the middle distances but was hired by the Paralympics.

Larry thanked Brad Hackett for all the years of service and stated that he will continue to be used as a resource.

Larry explained the budget for the coming year. He explained that Sue Humphrey set up the budget for the coming year since there was no Men's Development chair at the time of submitting the budget.

Larry explained with the help from Brad Hackett the money allocated for 2006. The money is about the same: \$215,000 for development, which comes from the High Performance Division. That money comes from the USOC and is tied to medal count at the Olympics and World Championships. This year the money is there, last year money was not available until May 15th. This year there is \$150,000 from USATF available for the Developmental events to try and move up to the Target events. Idea is to try to help the emerging elite athlete with the money that is available.

Duffy gave a report on medal charts. Idea is to hold to the medals we already have in certain events (Best bets) and increase the medal count in events where we show promise (Target events).

Chris Somerlot suggested that maybe it would be a good idea to include decathletes in the throw competition with the Finns.

There was a short discussion regarding sports science, Chris Somerlot commented on how the he

the discuss group is happy with the biomechanics group but the javelin group would like different people to help them in this area.

There was a short discussion on conference calls. These are the people who usually participate in the calls, the High Performance Executive Committee and Chairs of the Development group. These include, Larry James, Sue Humphrey, Brooks Johnson, Mike Conley, Duffy Mahoney, Harmon Brown, Al Schmitt and Fred Fink.

Larry explained that it is important to demonstrate who attended the projects what was done at the project and how the participants fared in major international competition.

The meeting adjourned at 11:59 am

Joint Men's and Women's Development Meeting

Brooks Johnson opened the meeting and explained briefly the High Performance Concept. It should be athlete driven, coach centered, and science/technology based. Explained how USATF has put in \$150,000 on top of last year money.

Duffy Mahoney gave a report. Duffy explained how the Chinese have made great progress and are gearing up for 2008. As a group need to look at the emerging young athlete such as the World Junior Athlete or the World Youth Athletes.

Duffy explained the Best Bet, Target, and Development system. Best bets or the event in which we usually win medals. Target events are the events that we sometimes win medals. Development events are events that we rarely win medals. Duffy explained that best bet events need to be protected, performance in target events need to be improved and developmental events need to move into target events. Bottom line, need to mine more medals.

Duffy also spoke about the Olympic Training Center in Chula Vista. Athlete's need apply to Duffy. There are different types of use. There is the use of facilities for off site athletes. There is short term use up to 90 days if space available. If athlete ranked in the top 15 US performance list they stay for free. This includes room/board and sports science. If athlete is in the top 20 in a

target event they are also free. Top 25 athletes per event on the Dye Stat Scholastic list are free as well as coaches. Duffy also let everyone know who the staff is at the training center. Todd Henson is in charge of the pole vault, Toney Campbell is in charge of sprints/hurdles, Al Joyner is in charge of the jumps, and Bud Rasmussen is in charge of the throws. Joaquin Cruz will assist in the mid distance; he is hired through the Para Olympics. A sports science coordinator will be named soon.

Duffy closed with his statistical information on medals won at World or Olympic Championships. He stated that if an athlete is not in the top 25 world performance list by the time the athlete is 25 years old, they are not going to get to the podium. He said we must invest in development.

BROAD EVENT REPORTS

Sprints

James Williams - Men: Much of the work was with the relay program. The committee went farther down the performance list to give more athletes a chance to compete. Also took some athletes to the Mid Summer Classic.

Danny Williams - Women: Sent people to sprint summit to learn and work on top end speed. Danny said the sprints had a good year and many people helped in the success.

Orin Richburg - Relays: there was six meets total where 103 men and 65 women participated. Of the 25 medalists at the World Championships 16 participated in the relay program during the 2005 season.

Hurdles

Kathleen Raske - 100m Hurdles: is the best event on Duffy's charts, currently looking at younger upcoming athletes.

LaTonya Sheffield - 400m Hurdles: group is using the summit in Las Vegas and was glad to see the 400 hurdlers in the relay pool.

John McNichols - Men: He spoke about the Las Vegas Summit and about the High Performance Centers, where athletes are filmed at the US Nationals the able to view the races and have Dartfish analysis. There is a need for more help with the Mid Summer Classic. Sue Humphrey mentioned that the Mid Summer Classic could be moved to prior to the Nationals.

Distances

Rose Monday - Women: The goal is to try to get more people on the podium and add a bigger science base. Spoke about the upcoming summit in Las Vegas and the new technology that would be unveiled.

Gordon Thompson - Men: The group is now working with the women. This year's big project was the biomechanics project done at Baylor that will be shown at Las Vegas. The summit is December 13-15.

Race Walks

Maryann Daniels - Women: Explained how there is no development program and that the residency program at Chula Vista has been dropped. There is no race walk feeder program; group is trying to develop a talent I.D. program.

Philip Dunn - Men: Explained that the talent I.D. program will target lower level distance runners and recruit them and try to make them into race walkers.

Jumps/Combined Events

Scott Hall - Men: Many of the projects will be held in December and January. Bob Fraley is in charge of the Pole Vault and has some projects lined up including the vault summit. Scott also spoke about the large group of people that help with the Decathlon group there was a Decathlon at the Mid Summer Classic. The High Performance Center video was used at Nationals but is hard to view after 12 hours of competition.

Craig Poole - Women: Group will use a nutritionist as part of the science component, will also add a sports psychiatrist along with a biomechanist. The group will host a summit in Tucson in Mid January.

Throws

Rita Somerlot - Women: Hand some athletes funded to meets. The group would like to have a better schedule set up for this years meets. A summit was held in November.

Chris Somerlot - Men: The men are looking for some new single event chairs. We had a good summit in November. The throw group had a dual meet with Finland this summer prior to the World Championships. This group would like to create more domestic opportunities.

Craig Masback - USATF CEO

Dropped in and thanked development for all the work they have done and all they have accomplished even with the lack of funds. The marathon medals won in Athens were a result of the work on the Development Committee.

Mike Holman - Junior Camp: A report was give summarizing the Coach's Learn by Doing Camp held in Chula Vista this past summer. This was the first time this was held. Coaches were required to put together a mesocycle with four microcycles at the end. This was followed with a questionnaire in the spring to see if it helped. Would like to expand the camp, this is for High School Coaches, would like to have 10 per event.

Sue Humphrey: The difference between a best bet event, a target event and a developmental event. She also explained how A/B standards were used to invite athletes and coaches to summits, meets based on performance.

Sue then explained funding for the development events. There 26 developmental events 15 women and 11 men's. USATF will fund \$150,000 for these events 2006. This \$150,000 is above what the USOC gives us. The break down is as follows: Of the \$150,000, \$10,000-\$15,000 will be set aside for special projects. \$67,000 will be set aside for men's development and \$67,000 will be set aside for women's development.

Meeting was adjourned.

Sports Medicine & Sports Sciences Committee

EDUCATIONAL PRESENTATION

A. Diversity in the training room – Ross Flower, Ph.D Business Section

B. IAAF Medical Committee – Harmon Brown, M.D.

Dr. Brown reported on the recent changes in doping control from the IOC, the IAAF, WADA and USADA. Dr. Brown is editor of the second addition of the IAAF Medical Manual, which is currently being revised. He gave us a copy of excellent recommendations for international travel as a team physician, which he wrote.

C. Sports Science Committee – Harmon Brown, M.D. Dr. Brown discussed the relationship of the High Performance Committee and the Sports Medicine and Sports Science Committee. We will continue using Dartfish for coaching support at selected national and international competitions. We will begin a new relationship with Baylor Medical Center using state of the art filming for biomechanical analysis. Baylor and USATF will begin a project using protein and genome predictors and indicators for enhanced performances. We will continue working with Dr. Ben Levine to apply altitude training when indicated.

Ralph Vernacchia, Ph.D. and Rick McGuire, Ph.D. reported on the Sports Psychology Service Program

Mark Troxler, D.O. reported on changes in the doping control programs.

Jack Ransone, Ph.D. discussed Medical Services Committee activity.

Dr. Adams presented a report on Athletics with Disabilities for Michael Frederickson, M.D. who was unable to be present.

Nominations for medical staff for international competitions for 2006 were voted upon.

Alan Roth discussed a stretching research project.

The meeting was adjourned.