

**2011 USATF NATIONAL JUNIOR OLYMPIC
Track & Field Championships**



July 26 – July 31, 2011

*Wichita State University
Cessna Stadium
Wichita, Kansas*

PASSPORT

www.usatf.org/youth

WELCOME TO WICHITA

The 45th USATF National Junior Olympic Track & Field Championships will be held at Wichita State University in Wichita, Kansas. The USATF Junior Olympic Track & Field Championships is the most visible youth athletic development program in the world. Many of today's Olympic stars began their track and field careers competing in the USATF National Junior Olympic Track & Field Championships.

Up to 7,000 athletes are expected to converge on Wichita for the USATF National Junior Olympic Track & Field Championships. Entry for this championship is based on athlete performances at Preliminary, Association, and Regional levels of the 2011 USATF Junior Olympic Program. Competition takes place in six (6) two-year age divisions, with athletes generally falling between the ages of 7 and 18.

With a seating capacity of 30,000, Cessna Stadium at Wichita State University was home to Shocker football until 1986, and is still the venue of the Kansas State High School Track and Field Championship, the Shockers' annual K.T. Woodman Track Classic, as well as several Missouri Valley Conference Track and Field Championship meets.

America's next generation of track and field stars will be competing throughout the summer and will take center stage at the national championships in Wichita, Kansas and we hope that you will join in on the excitement!

DON'T MISS THE ACTION!

This year's USATF National Junior Olympic Track & Field Championships will be available via webcast! For more information, visit www.usatf.org/youth.

TICKET INFORMATION

	<u>Daily Admission</u>	<u>Multi-Session Passes</u>		
		<u>6-day</u>	<u>4-day</u>	<u>2-day</u>
Adults	\$8	\$35	\$28	\$15
Children age 7-12	\$6	\$22	--	--
Children age 6 & under	free	--	--	--

Coaches with a valid 2011 USA Track & Field membership who complete and pass the Youth Club Criminal Background Check by July 1, 2011 will be provided with complimentary wristbands for admission only. Proper identification must be shown in order to receive the admission wristband, available at packet pick-up in located in the Charles Koch Arena on west side of the stadium.

FACILITY INFORMATION

Team coolers are permitted, however they are subject to search by security personnel. Individual coolers are not permitted. Prohibited items include glass bottles, alcohol, grills or portable cooking units, pets/animals, and weapons. Cessna Stadium is a non-smoking facility. Team tents are allowed in the south grass end zone and bleachers in the top one third of the east side only. Tents are not allowed in the west bleachers. Tents and umbrellas may not block the view of other patrons. Umbrellas will be allowed, however no umbrellas regardless of size will be allowed in the seats located in front of the press box.

Bus and RV parking is available in designated lots. However, electrical and water connections for RV use are not available.

Only individuals with an appropriate credential will be allowed on the track and infield. This rule will be strictly enforced.

EVENT DIRECTOR

Wichita State Athletics
Attn: Roy Jacobson
1845 Fairmount, Campus Box 18
Wichita, KS 67260

ATHLETE ENTRY INFORMATION

Entry Information

The Junior Olympic program is a progression series of meets consisting of Preliminary, Association, Regional, and National meets. Athletes are required to enter online at the first level of competition, as advancement is based upon performance (i.e., an athlete cannot directly submit an entry form for the Regional competition; he/she must have competed and advanced at the Association meet). Athletes must meet certain eligibility requirements to compete. Qualification dates and locations for your local Association can be found by visiting <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

Eligibility Requirements

- Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions.
- The competition will be conducted in six age divisions as follows:

<i>Sub-Bantam</i>	born 2003 and later*	<i>Youth</i>	born 1997 and 1998
<i>Bantam</i>	born 2001 and 2002	<i>Intermediate</i>	born 1995 and 1996
<i>Midget</i>	born 1999 and 2000	<i>Young Men/Women**</i>	born 1993 and 1994

* Per USATF Competition Rule 300.1 (c), Athletes must be at least seven (7) years of age on December 31 of the current year in order to compete in the Youth Athletics or Junior Olympic National Championships.

**Athletes born in 1992 are also eligible if they do not turn 19 on or before 7/31/10

- A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Sub-Bantam, Bantam and Midget divisions may compete in a maximum of three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four events, including relays. Combined events are not included in the event count.
- All athletes must be 2011 members of USATF in good standing. USATF memberships may be purchased online or through your local Association Office.
- All clubs must be USATF member organizations.
- All relay team members must be members of the same club, which must also be registered with the club's local USATF Association for 2011, and must wear jerseys and shorts of the same color.

Qualifying from Association Championships to Regional Championships

Per USATF Rule 305.1(d): "An Association is allocated, by agreement with other Associations in its Region, a certain number of athletes and relay teams from the Association level to the Regional level through the Association Championships."

Qualifying from Regional Championships to National Championships

Track & field shall advance five individuals and five relay teams from each Regional Championship to the National Championship. These shall be the top five finishers in each event.

The combined events shall advance the top two finishers and any others who meet a performance standard at the Regional Championship.

All entry into the National Championships must be completed online -- entries cannot be accepted by any other method. No on-site entries or changes will be allowed.

Junior Olympic Combined Event Performance Standards

Age Group	Standard	Age Group	Standard
Bantam Boys	603	Bantam Girls	853
Midget Boys	1977	Midget Girls	2323
Youth Boys	2521	Youth Girls	2687
Intermediate	4848	Intermediate	3968
Young Men	5928	Young Women	4091

COMPETITION INFORMATION

Packet Pick-up

Athletes will be able to pick up their competition numbers and related materials inside of Charles Koch Arena located to the West Side of the Stadium, Monday, July 25 - Sunday, July 31.

NOTE: If your event is early in the morning, we strongly recommend that you pick up your competition number at least one day in advance of your competition. The meet management will not be held accountable for individuals missing an event due to late packet pick-up or any other reason. There will be a \$5.00 charge for replacement of all lost numbers.

Packet Pick-up Schedule

Monday	July 25	10:00am-7:00pm
Tuesday	July 26	7:00am-7:00pm
Wednesday	July 27	7:00am-6:00pm
Thursday	July 28	7:00am-7:00pm
Friday	July 29	7:00am-5:00pm
Saturday	July 30	7:00am-2:00pm
Sunday	July 31	7:00am-2:00pm

Opening Ceremony

Athletes, coaches, and officials are invited to participate in the 2011 USATF National Junior Olympic Track & Field Championships Opening Ceremony on Wednesday, July 27 at 6:30 p.m. at Cessna Stadium. We encourage all teams to represent their region and team by wearing their team attire and carrying the team banner.

All teams and their regional coordinators will assemble on the Southwest side of the track near the clerking area. From this location, the athletes will parade around the track and then be guided to their seats for the ceremony.

Photographer

Your Sporting Image will serve as the LOC photographer and will take individual and Award ceremony photos throughout the JOTF Championships. Information on purchasing photographs will be available on-site or on the Your Sporting Image website following the conclusion of the event. www.yoursportingimage.com

Event Check-In

There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after check-in.

Warm-up Area

Two warm up areas will be available for athlete use. The first location is just outside the eastside of the stadium and will serve as the final warm-up/check-in location. The other location is 1 ½ blocks east of the stadium and should be used to complete the majority of your warm-up routine. Please look for signage to these two locations. Parents/Coaches will not be allowed to access the final warm-up/check-in location.

Implements

Meet Management will provide batons for the relays and implements for the throwing events (shot, hammer, discus, javelin). Participants must use the implements provided for competition. Personal implements in the throwing events will not be allowed.

Hammer Throw and Javelin

The hammer and javelin throw will be conducted outside of Cessna Stadium to the southwest.

Spike Length

The maximum spike length allowed for running events and field events is listed below.

- 1/4" pyramid
- Christmas tree spikes are not allowed.

Starting Heights

The starting heights for the high jump and the pole vault are listed in the chart below. Incremental increases shall be 5 cm in the High Jump and 15 cm in the Pole Vault.

High Jump				Pole Vault			
BG	0.95	BB	1.00				
MG	1.20	MB	1.25				
YG	1.35	YB	1.45	YG	1.85	YB	2.20
IG	1.35	IB	1.60	IG	2.05	IB	3.30
YW	1.45	YM	1.75	YW	2.35	YM	3.85

Pole Vault

Refer to USATF Rule 302.5(n). All competitors must provide their own vaulting poles. Participants in the Pole Vault competition will be weighed. All poles will be inspected for manufacturers' pole ratings and the maximum top hand hold position as determined by the manufacturer. The competitors' weights must be at or below the manufacturers' pole ratings. **NO EXCEPTIONS.** Poles will be impounded at the time of inspection and delivered to the competition site at time of warm-up for the event. **Meet management will not be responsible for any pole that is shipped to or impounded at the meet without a hard protective case.**

Athletes may ship vaulting poles directly to Wichita State University. Shipments should be scheduled to arrive between July 12-20, 2011. Send shipments to:

Wichita State Athletics
Attn: Roy Jacobson
1845 Fairmount, Campus Box 18
Wichita, KS 67260

Weigh-in and pole inspection will take place in the equipment room on the southeast side of the track during the times provided below:

Tuesday, July 26	12 Noon - 4:00 pm
Wednesday, July 27	7:00 am - 4:00 pm
Thursday, July 28	7:00 am - 4:00 pm
Friday, July 29	7:00 am - 4:00 pm
Saturday, July 30	7:00 am - 4:00 pm
Sunday, July 31	7:00 am - 9:00 am

Protests

Protests relating to matters that developed during the conduct of the competition must be made to the Protest Referee at once and not later than 30 minutes after a result has been announced. This time period will be strictly enforced. There will be a \$100 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the 2011 USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. Please note USATF Rule 119. 4 when considering the use of video /photo footage for protests.

Awards

National Championship Medals will be awarded for first through eighth place in each event. Presentations will be made 90 minutes after the event is completed in the awards area.

Lost & Found

Lost and found will be located in the Athlete's Village near the volunteer check-in.

Medical Services

A medical team of volunteers, including medical technicians, paramedics, athletic trainers, physical therapists, nurses, physicians, and students will be on-site to handle medical concerns and injuries.

The primary athlete medical station will be located at the common finish line and in the warm-up area. Medical stations for spectators will be located throughout the stadium. EMS will be located track side. Anyone experiencing a medical emergency should locate the nearest "event staff" personnel or police officer for assistance.

ADA Accommodations

USA Track & Field has specific procedures to be followed by disabled athletes wishing to compete in able-bodied competitions against able-bodied athletes. Please note that the disabled athlete must first meet the eligibility requirements applicable to the relevant competition, including having achieved the required qualifying standard, if any. Please see the USATF "Policy & Procedures for Accommodation Requests Pursuant to the American with Disabilities Act" for more information at www.usatf.org

SCHEDULE OF EVENTS *(subject to change..... visit USATF Website)*

Tuesday, July 26, 2011																
8:00 a.m.	Hammer											IG				final
8:00	Heptathlon 100m Hurdles High Jump Shot Put 200m											IG IG IG IG IG		YW YW YW YW YW		day 1
9:00	Pentathlon 100m Hurdles Shot Put High Jump Long Jump 800m/1500m									YG YG YG YG YG		YB YB YB YB YB				final
10:00	Decathlon 100m Long Jump Shot Put High Jump 400m												IB IB IB IB IB		YM YM YM YM YM	day 1
10:30	Hammer													YW		final
10:45	2000m Steeplechase											IG		YW		final
11:15	2000m Steeplechase												IB		YM	final
11:45	3000m Race Walk									YG	YB					final
1:00 p.m.	Hammer												IB			final
1:45	1500m Race Walk				BG	BB										final
3:15	1500m Race Walk						MG	MB								final
4:00	Hammer														YM	final

Wednesday, July 27, 2011

8:00 a.m.	Decathlon 110m Hurdles Discus Throw Pole Vault Javelin Throw 1500m																YM YM YM YM YM	final	
	Heptathlon Long Jump Javelin Throw 800m																YW YW YW YW	final	
8:30	Pentathlon 80m Hurdles Shot Put High Jump Long Jump 800m/1500m					MG MG MG MG MG	MB MB MB MB MB												final
9:00	Heptathlon Long Jump Javelin Throw 800m											IG IG IG IG						final	
	3000m Race Walk											IG		YW				final	
10:30	Decathlon 110m Hurdles Discus Throw Pole Vault Javelin Throw 1500m																IB IB IB IB IB	final	
11:00	3000m Race Walk												IB				YM	final	
12:00 p.m.	Triathlon Shot Put High Jump 200m/400m				BG BG BG BG	BB BB BB BB												final	
12:30	4x800m Relay					MG	MB	YG	YB	IG	IB	YW	YM					final	
6:30 p.m.	Opening Ceremonies																		

Thursday, July 28, 2011

8:00 a.m.	3000m											IB		YM	final
	Long Jump												YW		final
	Triple Jump										IG				final
	High Jump			BG				YG							final
	Javelin Throw						MB								final
	Shot Put													YM	final
	Discus Throw											IB		final	
8:45	200m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round	
9:00	Pole Vault							YG							final
11:45	400m Hurdles											IB		YM	1st round
12:00 p.m.	Long Jump											IB			final
	Triple Jump													YM	final
	High Jump				BB	MG									final
	Javelin Throw	SBG													final
	Shot Put													YW	final
	Discus Throw										IG				final
12:30	400m Hurdles										IG		YW		1st round
1:15	200m Hurdles							YG	YB						1st round
1:45	800m Run			BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round	
2:30	Pole Vault								YB						final
4:00	Long Jump						MB								final
	Triple Jump								YB						final
	Javelin Throw		SBB												final
	Shot Put			BG											final
	Discus Throw					MG									final
4:15	200m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final	
5:00	4x400m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round	

Friday, July 29, 2011

8:00 a.m.	800m Run			BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final
	Long Jump								YB					final
	Triple Jump										IB			final
	High Jump											YW		final
	Javelin Throw			BG										final
	Shot Put		SBB				MB							final
	Discus Throw												YM	final
9:00	100m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round
	Pole Vault									IG				final
11:30	1500m							YG	YB	IG	IB	YW	YM	1st round
12:00 p.m.	Long Jump												YM	final
	Triple Jump							YG						final
	High Jump						MB							final
	Javelin Throw				BB									final
	Shot Put	SBG								IG				final
	Discus Throw											YW		final
1:00	400m	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round
2:30	Pole Vault											YW		final
4:00	100m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final
	Long Jump									IG				final
	Triple Jump											YW		final
	Javelin Throw					MG								final
	Shot Put										IB			final
	Discus Throw							YG						final
5:00	4x400m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final
6:00	4x100m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	1st round

Saturday, July 30, 2011

7:30 a.m.	4x100m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final
8:00	Long Jump	SBG	SBB											final
	High Jump												YM	final
	Javelin Throw									IG				final
	Shot Put					MG								final
	Discus Throw								YB					final
8:30	400m Hurdles										IB		YM	Semi-final
9:00	400m Hurdles									IG		YW		Semi-final
	Pole Vault										IB			final
9:30	200m Hurdles							YG	YB					Semi-final
10:00	3000m					MG	MB							final
	Disabled Shot Put	Boys		Girls										exhibition
11:00	3000m							YG	YB					final
12:00 p.m.	3000m									IG		YW		final
	Long Jump			BG		MG								final
	High Jump									IG				final
	Javelin Throw							YG						final
	Shot Put				BB									final
	Discus Throw						MB							final
1:00	200m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	final
1:30	110m Hurdles										IB		YM	1st round
2:15	100m Hurdles							YG	YB	IG		YW		1st round
3:15	80m Hurdles					MG	MB							1st round
3:45	400m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	Semi-final
4:00	Javelin Throw										IB			final
4:30	Disabled 800m (Wheelchair)	Mixed		Boys										exhibition
	Disabled 800m (Ambulatory)	Boys		Girls										exhibition
	800m	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	final
5:15	110m Hurdles										IB		YM	Semi-final
5:45	100m Hurdles							YG	YB	IG		YW		Semi-final
6:15	80m Hurdles					MG	MB							Semi-final
6:45	4x100m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM	final

Sunday, July 31, 2011

8:00 a.m.	110m Hurdles											IB		YM	final
	Long Jump					BB			YG						final
	High Jump											IB			final
	Shot Put									YB					final
	Javelin Throw													YW	final
8:30	100m Hurdles								YG	YB	IG			YW	final
9:00	Pole Vault													YM	final
9:15	80m Hurdles						MG	MB							final
9:45	100m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM		final
10:30	400m Hurdles										IG	IB	YW	YM	final
11:00	200m Hurdles								YG	YB					final
11:30	1500m Run	SBG	SBB	BG	BB	MG	MB								final
12:00 p.m.	High Jump											YB			final
	Shot Put								YG						final
	Javelin Throw													YM	final
12:45	400m Dash	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM		final
1:30	1500m								YG	YB	IG	IB	YW	YM	final
3:00	4x400m Relay	SBG	SBB	BG	BB	MG	MB	YG	YB	IG	IB	YW	YM		final
4:00	Javelin Throw									YB					final

HOUSING

The hotels listed below are available at special rates for the USATF National Junior Olympic Track & Field Championships. All room prices shown below are per room-single/double-per night and do not include tax. Be sure to mention the group code "USATF" to receive the special group rate.

	Nightly Rate		Miles to Track
Hyatt Regency Wichita *	\$109	316-293-1234	6
Wichita Marriott Hotel	\$109	316-651-0333	8
Hotel at Old Town	\$119	316-267-4800	4
The Broadview Drury	\$109	316-262-5000	5
Wichita Inn North	\$69	316-636-2022	5
Northrock Suites	\$89	316-634-2303	3
Holiday Inn & Suites Convention Center	\$82	316-269-2090	6

* *Headquarters Hotel*

A complete listing of hotels offering discounted rates for this event can be found by visiting the Championships website. Visit:

<http://www.usatf.org/events/2011/USATFJuniorOlympicTFChampionships/athleteInfo/housing.asp>

TRAVEL

Wichita Mid-Continent Airport (ICT) is located 5 miles west of downtown Wichita. It is also located approximately 12 miles southwest of Wichita State University.

Wichita Mid-Continent Airport

2173 Air Cargo Rd
Wichita, KS 67209

Airlines

Airtran Airways	(800) 247-8726
Allegiant Air	(702) 505-8888
American Airlines	(800) 433-7300
Continental Express	(800) 523-3273
Delta Airlines	(800) 221-1212 or (800) 225-2525
Frontier Airlines	(800) 432-1359
United Airlines *	(800) 241-6522

* Enjoy 5% off United flights to this event. To redeem your discount, visit the event "air travel" page and follow the onscreen instructions.

<http://www.usatf.org/events/2011/USATFJuniorOlympicTFChampionships/athleteInfo/travel.asp>

Rental Cars

The following car rental companies are LOC sponsors. They have set up special event rates under the company name "USATF National Junior Olympic Track & Field Championships" with the account number **L05K317**. These special rates will be available for the months of June, July and August for travel anywhere in the US! The account code must be provided at the time of reservation to receive the discounted rates. Online reservations require the use of a PIN number after providing the account number. Use the first 3 letters of your company name, "**USA**." We encourage you to consider using them for your vehicle rental needs. If you have any questions, please contact Kim Heuermann at 913-967-8437 or Kimberly.a.Heuermann@ehi.com.

Enterprise Rental Car
1-800-Rent-A-Car
www.enterprise.com



Taxi/Limo Service

Taxi service stands are located across the driveway from Mid-Continent Airport's main entrance.

ABC Cab Company	316-264-4222
American Cab	316-262-7511
Best Cabs	316-838-2233

Limousines

Artistic Limousine	316-688-5100
Executive Limousine Service Inc.	316-262-5466 or 888-590-5466
S & S Limousine Service	316-641-5670

Van/Shuttle Service

Border to Border	620-241-5054 or 888-363-6500
EMU Express	316-734-0100
Elite Shuttle	316-516-5148

Buses/ Charters

Overland Charters	316.652.9463
Prestige Bus Charters	316.263.9141 or 800.779.1227
River City Trolley and Charters	316.773.1931
Unified Party Bus	316.755.4826
Village Tours & Travel	316.721.4455
Party Express Bus	316.943.4386

Other Ground Transportation

Wichita Transit offers the Westside connector that provides daily service to the Mid-continental airport.

For specific routes and times go to <http://www.wichita.gov/CityOffices/Transit/BusRoutes/>

DINING

Wichita gives you a multitude of options when it comes to dining, shopping and playing. We have more than 1,000 restaurants offering a variety of cuisines and dining experiences, major shopping centers and great nightlife.

MEXICAN

Abuelo's Mexican Food Embassy	(316) 634-2230
Carlos O'Kelly's Mexican Cafe	(316) 636-4343
Playa Azul, Inc.	(316) 618-0607
Jose Peppers	(316) 260-6404

BAR-B-QUE

B & C Barbeque	(316) 263-8815
Bubba's Nekked BBQ	(316) 425-8860
Hog Wild Pit Bar-B-Q & Catering	(316) 618-7227

SEAFOOD

Bonefish Grill, Inc.	(316) 315-0299
Red Lobster	(316) 687-9247
The Petroleum Club	(316) 262-6471

STEAKHOUSES

Chester's Chophouse & Wine Bar	(316) 201-1300
Hangar One Steakhouse	(316) 941-4900
Hereford House	(316) 733-7800
Logan's Roadhouse	(316) 685-6000
Outback Steakhouse	(316) 634-6500
Redrock Canyon Grill	(316) 636-1844
Scotch & Sirloin	(316) 685-8701
Texas Roadhouse	(316) 943-8722
Whiskey Creek Steakhouse	(316) 265-0707

AMERICAN

Cracker Barrel	(316) 744-8080
Granite City	(316) 721-8500
Jason's Deli	(316) 636-4447
Jimmie's Diner	(316) 636-1818
Larkspur Bistro & Bar	(316) 262-5275
Old Mill Tasty Shop	(316) 264-6500
Pump House	(316) 262-7867
Red Robin	(316) 425-6300
River City Brewing Co.	(316) 263-2739
Sabor Latin Bar & Grill	(316) 201-4880
Uptown Bistro	(316) 262-3232

ITALIAN

Avivo Brick Oven Pizzeria	(316) 558-5555
Carrabba's Italian Grill	(316) 315-0777
Il Vicino	(316) 612-7085
Johnny Carino's	(316) 636-4411
Yia Yia's Eruobistro	(316) 634-1000

Asian

Hana Cafe	(316) 267-3766
Kwan Court	(316) 634-1828
P.F. Chang's China Bistro	(316) 634-2211
Pei Wei Asian Diner	(316) 729-7285

5K Fun Run

The competition does not end with the youth athletes. This year's National Championship event will feature a 5k run for everyone! Start Sunday morning with a quick run conveniently located on the campus of Wichita State University and head straight to the stadium for the last day of competition complete with action-packed finals you won't want to miss!

Date

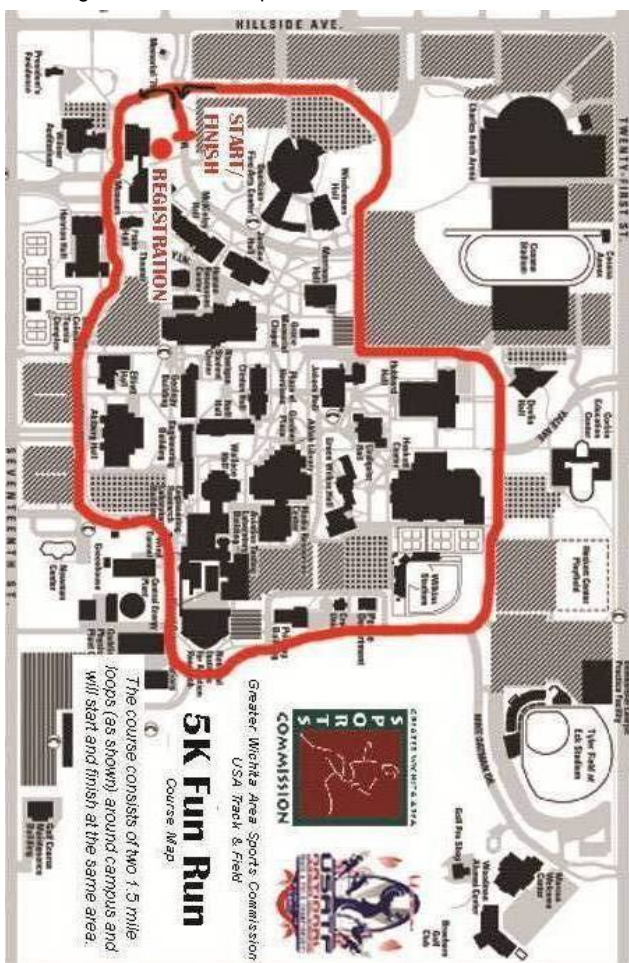
Sunday July 31, 2011 – 7:00 am

Location

Wichita State University – 1845 Fairmount St., Wichita, KS 67208

Entry Information

- 5K event for all ages!
- \$30 per entry
- T-shirts, post race refreshments and awards to all entrants
- Enter online at www.wichitasports.com until 11:59pm CST - July 29, 2011.
- Download a manual entry form at:
<http://www.usatf.org/events/2011/USATFJuniorOlympicTFChampionships/>
- Day of event Registration also accepted.



Special Events



REFUEL WITH CHOCOLATE MILK TOUR RACES TO WICHITA TO ENCOURAGE USATF NATIONAL JUNIOR OLYMPIC TRACK & FIELD ATHLETES TO GRAB NATURE'S RECOVERY DRINK

The Refuel with Chocolate Milk Tour will host a Recovery Zone at the USATF National Junior Olympic Track & Field Championships on Saturday, July 30, 2011. Athletes and spectators are invited to engage in free activities and explore the science behind refueling with lowfat chocolate milk first hand. Activities to include:

Refuel with Chocolate Milk Zone – Participating athletes can enjoy ice-cold lowfat chocolate milk from local dairies at the finish line.

Processor Sampling Area – Provide various rolling coolers where processors can sample products, engage and educate consumers on recovery after exercise, driving awareness of the refuel message, and interact with the athletes and their families.

Milk Mustache Blending & Photo Area - Low fat white milk and vanilla ice cream are blended together to form the “milk mustache” mixture used for the photo area. Participants are invited to show their best Milk Mustache smile to receive a branded digital photo and lanyard as a souvenir. Each digital picture will be printed on-site for the participants to take home. They will also receive a photo locator number with retrieval instructions if they wish to view their photo online at www.refuelwithchocolatemilk.com.

Lowfat Chocolate Milk is a Simple and Effective Way to Recover After a Tough Workout

AREA ATTRACTIONS

If you're looking for a destination with something for everyone... you have come to the right place. Wichita has grown into an eclectic city with some of the best arts and entertainment in the Midwest.



		Admission Fee?
Botanica, The Wichita Gardens	316.264.0448	Fee
The Coleman Company Factory Outlet Museum	316.264.0836	No admission fee
Exploration Place	316.660.0600	Fee
Historic Wichita Tour-River City Trolley & Charters	316.773.1931	Fee
Kansas Aviation Museum	316.683.9242	Fee
Kansas African American Museum	316.262.7651	Fee
Kansas Sports Hall of Fame	316.262.2038	Fee
Karg Art Glass	316.744.2442	No admission fee
Keeper of the Plains Experience		No admission fee
Mid-America All-Indian Center, Inc.	316.350.3340	Fee
Museum of World Treasures	316.263.1311	Fee
Old Cowtown Museum	316.350.3321	Fee
Old Town Marketplace	www.oldtownwichita.com	No admission fee
Sedgwick County Zoo	316.660.9453	Fee
Wichita Art Museum	316.268.4921	Fee
Wichita-Sedgwick County Historical Museum	316.265.9314	Fee

Music & Theatre

Music Theatre of Wichita	316.265.3253	Fee
Orpheum Performing Arts Centre	316.263.0884	Fee
Prairie Rose Chuckwagon Supper	316.778.2121	Fee
Cabaret Old Town	316.265.4400	Fee
Chamber Music at the Barn	316.264.4662	Fee
Crown Uptown Theatre	316.681.1566	Fee
Diamond W Chuckwagon Supper	316.729.4825	Fee
Mosley Street Melodrama	316.263.0222	Fee

Shopping

Bradley Fair at Wilson Estates	316.630.9990	
New Market Square	316.263.3201	
Old Town Marketplace	www.oldtownwichita.com	
Towne East Square	316.686.4849	
Towne West Square	316.945.9374	

MARK YOUR CALENDARS

2011

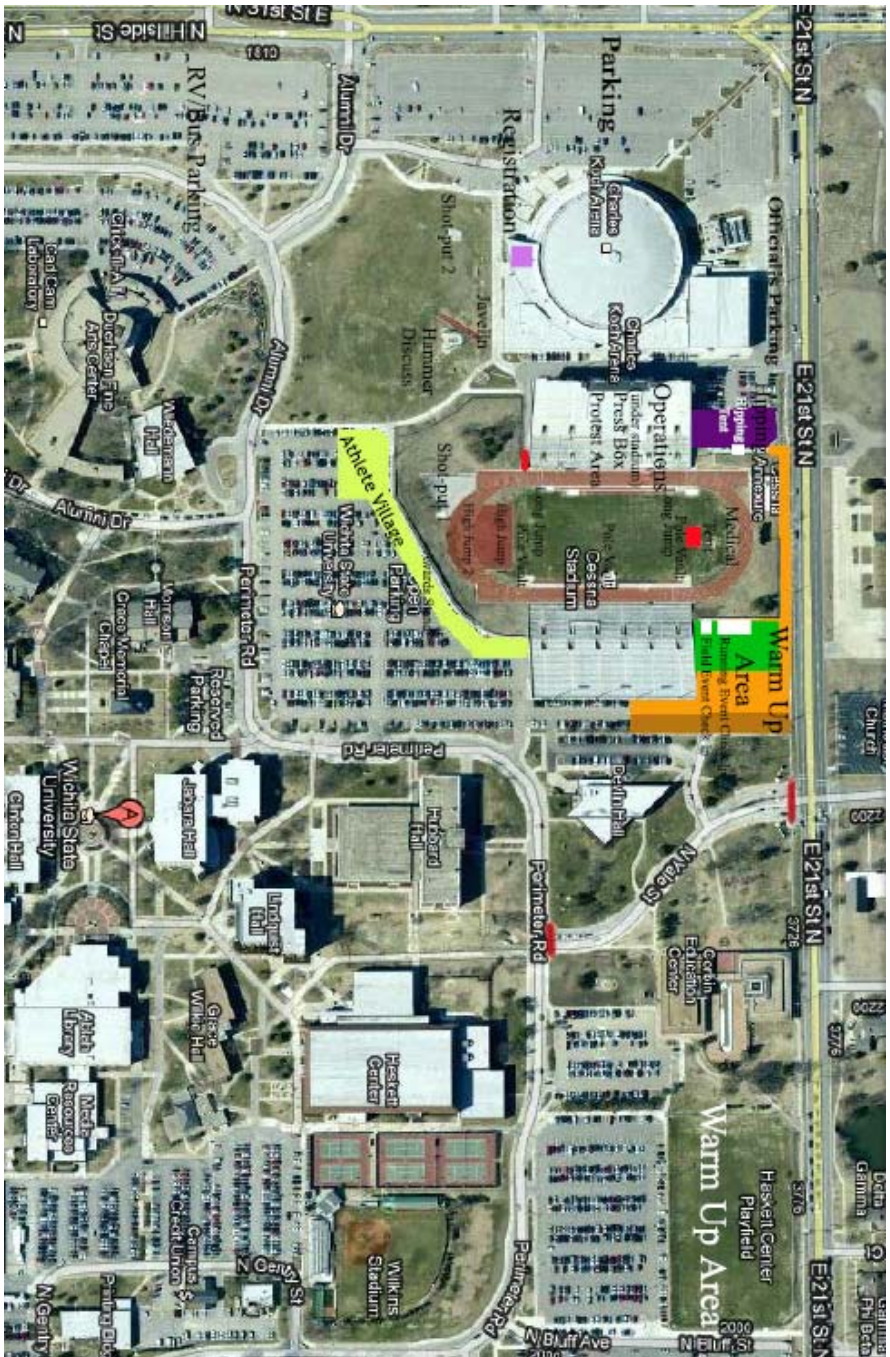
Junior Olympic XC Champs. Dec. 10 Myrtle Beach, SC

2012

USA Youth TF Champs. June 28 – July 3 Arlington, TX
Junior Olympic TF Champs. July 24 – July 29 Baltimore, MD
Junior Olympic XC Champs. December 8 Albuquerque, NM



Campus - Stadium Map



Notes

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