


2019 USATF Individual Masters Grand Prix-Women's Standings														
		12/8/2018	2/2/2019	3/16/2019	4/28/2019	8/17/2019	8/23/2019	10/12/2019	10/26/2019					
		Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK					
<b>Women40-44</b>		1	2	3	4	5	6	7	8	Total	Best	#		
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events	
1	Jill Braley	40		100	85		85	100			370	370	4	
2	Vanessa Lordi	42	5	75	75		70	95			320	320	5	
3	Hiroko Guarnieri	44		80		60	75	90			305	305	4	
4	Kelly Couch	41				90	95				185	185	2	
5	Brooke Bray	42			90		80				170	170	2	
6	Kate Landau	42	100								100	100	1	
7	Sarah Barber	42	10	90							100	100	2	
8	Liz Gottlieb	43	5		95						100	100	2	
9	Roberta Groner	41			100						100	100	1	
10	Melissa Hardesty	41				100					100	100	1	
11	Laurie Knowles	41					100				100	100	1	
12	Gretchen Hurlbutt	40	95								95	95	1	
13	Laura Bosley	40		95							95	95	1	
14	Jennifer St Jean	44				95					95	95	1	
15	Maggie Shearer	41	90								90	90	1	
16	Erika Holroyd	41					90				90	90	1	
17	Kaela O'Neil	40	85								85	85	1	
18	Perla Rodriguez	40				85					85	85	1	
19	Anna Mayhewrozek	43						85			85	85	1	
20	Nancy James-Klinger	41	80								80	80	1	
21	Jeannette Boyd	43			80						80	80	1	
22	Erin McVeigh	40				80					80	80	1	
23	Meriah Earle	40	75								75	75	1	
24	Nicole L'Etoile	42				75					75	75	1	
25	Kimberly Mueller	42	70								70	70	1	
26	Laura Webb	42		70							70	70	1	
27	Beth Marks	40			70						70	70	1	
28	Abby Mahoney	41				70					70	70	1	
29	Marlene Farrell	43	65								65	65	1	
30	Jessica Stryhalaleck	42				65					65	65	1	
31	Claire Saxton	41	60								60	60	1	
32	Cambria Wu	40	55								55	55	1	
33	Tiffany Frankovich	40				55					55	55	1	
34	Rachel Jaten	43	50								50	50	1	
35	Stacey Federico	42				50					50	50	1	
36	Amy Dierberger	43				45					45	45	1	
37	Jenni Brown	40	40								40	40	1	

38	Rebecca Maki	42				40						40	40	1
39	Trisha Steidl	42	35									35	35	1
40	Debra Carriere	42				35						35	35	1
41	Janne Heinonen	43	30									30	30	1
42	Jennifer King	44				30						30	30	1
43	Alanna Bernacchi	43	25									25	25	1
44	Joy Roukes	40				25						25	25	1
45	Lisa Renteria	40	20									20	20	1
46	Carin Bennett-Rizzo	44				20						20	20	1
47	Gwendolen Twist	43	15									15	15	1
48	Julie Stoltz	40				15						15	15	1
49	Kerrie McFeeters	42				10						10	10	1
50	Cori Stern	41	5									5	5	1
51	Danielle Henty	40	5									5	5	1
52	Andi Camp	44	5									5	5	1
53	Maureen Bookwalter	43	5									5	5	1
54	Martha Amrine	42	5									5	5	1
55	Jennifer Williams	41	5									5	5	1
56	Elizabeth Anderson	42	5									5	5	1
57	Laura Meadors	41	5									5	5	1
58	Andie Roff	40	5									5	5	1
59	Christina Nelson	42	5									5	5	1
60	Cynthia Slinsky	40	5									5	5	1
61	Jennifer Westra	41	5									5	5	1
62	Susan Shirzad	40	5									5	5	1
63	Amanda Lozano	41	5									5	5	1
64	Iwona Boruch	44	5									5	5	1
65	Tonya Caisse	43				5						5	5	1
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
	<b>Women 45-49</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>Total</b>	<b>Best</b>	<b>#</b>	
	<b>Place Name</b>	<b>Age</b>	<b>Club XC</b>	<b>USA XC</b>	<b>8K</b>	<b>10K</b>	<b>5K</b>	<b>Mile</b>	<b>5K XC</b>	<b>15K</b>	<b>Pts</b>	<b>5 Pts</b>	<b>events</b>	
	1 Alexandra Newman	46	55	90	90						325	325	4	
	2 Nancy Thomas	49	95	100			95				290	290	3	
	3 Sonja Friend-Uhl	48					100	100			200	200	2	
	4 Kathy Wiegand	45		85			80				165	165	2	
	5 Heather Webster	45	45			95					140	140	2	
	6 Murphee Hayes	45	45			80					125	125	2	
	7 Grace Padilla	47	100								100	100	1	
	8 Michelle Brangan	49			100						100	100	1	
	9 Karolyn Bowley	49				100					100	100	1	
	10 Jennifer Bayliss	48		95							95	95	1	
	11 Jennifer Malavolta	48			95						95	95	1	
	12 Cristina Burbach	45						95			95	95	1	



56	Lora Jackson	47	5								5	5	1	
57	Michelle Nahom	49	5								5	5	1	
58	Laura Ketcham-Duchow	47	5								5	5	1	
59	Michelle Holmes	48	5								5	5	1	
				Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK			
	<b>Women50-54</b>			1	2	3	4	5	6	7	8	Total	Best	#
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events	
1	Amy Fakterowitz	51		100	100	85	85	90			460	460	5	
2	Mary Shah	50	35	95	95	80	80	70			455	420	6	
3	Laurie Wharton	53			90	50	70				210	210	3	
4	Fiona Bayly	52					100	100			200	200	2	
5	Hronn Gudmundsdottir	54				100	90				190	190	2	
6	Katherine Wolski	53					95	85			180	180	2	
7	Laura DeLea	54			85			75			160	160	2	
8	Kirsten Leetch	52	100								100	100	1	
9	Tania Fischer	52	95								95	95	1	
10	Lori Kingsley	53				95					95	95	1	
11	Lisa Veneziano	54						95			95	95	1	
12	Shannon Teslow	54	90								90	90	1	
13	Dolyne Divino	53		90							90	90	1	
14	Mimi Fallon	53				90					90	90	1	
15	Beverley Anderson-Abbs	54	85								85	85	1	
16	Carol Bischoff	54		85							85	85	1	
17	Valerie Banks	50	80								80	80	1	
18	Laura Young	51		80							80	80	1	
19	Kimberly Votava	51			80						80	80	1	
20	Kimberly Anderson	54						80			80	80	1	
21	Christine Olen	50	75								75	75	1	
22	Andrea Collier	52		75							75	75	1	
23	Roberta Gibson	54			75						75	75	1	
24	Holly Madden	53				75					75	75	1	
25	Melissa Chiti	53					75				75	75	1	
26	Laura Stuart	53	70								70	70	1	
27	Jennifer Hegarty	53				70					70	70	1	
28	Susan Welch	52				5	65				70	70	2	
29	Susan Pappalardo	52	65								65	65	1	
30	Julie Pangburn	54				65					65	65	1	
31	Liisa Miller	53	60								60	60	1	
32	Emily Bryans	51				60					60	60	1	
33	Jill Pettibone	51	55								55	55	1	
34	Maureen Bischoff	53	30			25					55	55	2	
35	Karen Encarnacion	53				55					55	55	1	
36	Kathleen Cushing-murray	53	50								50	50	1	

37	Tracy Wright	50	45								45	45	1
38	Nancy Cook	54				45					45	45	1
39	Mary Lynch	52	40								40	40	1
40	Anne Benson	54				40					40	40	1
41	Susannah Landreth	50				35					35	35	1
42	Maureen Larkin	54				30					30	30	1
43	Janicka Umile	50	20								20	20	1
44	Kathleen Kearnan	50				20					20	20	1
45	Angela Longworth	51	15								15	15	1
46	Joanne Hill	54				15					15	15	1
47	Danette Bloomer	51	10								10	10	1
48	Jill Lohmeier	51	5			5					10	10	2
49	Mary Guertin	53				10					10	10	1
50	Jennifer Brennan	51	5								5	5	1
51	Roseann Parry	52	5								5	5	1
52	Jackie Allen	53	5								5	5	1
53	Jeanine Holmlund	54	5								5	5	1
54	Livia Peras	52	5								5	5	1
55	Sinead Thornton	54	5								5	5	1
56	Heather Silverman	52	5								5	5	1
57	Jodi Bragassa	50	5								5	5	1
58	Lauriea Blume-Michels	52	5								5	5	1
59	Stephanie Kuest	54	5								5	5	1
60	Marcia Rullie	54				5					5	5	1
				Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK		
	<b>Women55-59</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>Total</b>	<b>Best</b>	<b>#</b>
	<b>Place Name</b>	<b>Age</b>	<b>Club XC</b>	<b>USA XC</b>	<b>8K</b>	<b>10K</b>	<b>5K</b>	<b>Mile</b>	<b>5K XC</b>	<b>15K</b>	<b>Pts</b>	<b>5 Pts</b>	<b>events</b>
	1 Marisa Sutera Strange	56		100	100	100	100	100			500	500	5
	2 Kris Huff	55	25	80	90	80	95	85			455	430	6
	3 Mary Swan	57	70	85		90		80			325	325	4
	4 Colleen Magnussen	59	15	65	50	35		65			230	230	5
	5 Michelle Allen	55		95				90			185	185	2
	6 Sandra Gregorich	56	10		55	40		75			180	180	4
	7 Gail Geiger	56	5	55	30		85				175	175	4
	8 Maureen Martin	57			60			70			130	130	2
	9 Teresa Quan	58			45		80				125	125	2
	10 Robin Tanner	58	5	60	40						105	105	3
	11 Patricia Bellan	55	100								100	100	1
	12 Carmen Ayala-Troncoso	59	95								95	95	1
	13 Suzanne La Burt	55			95						95	95	1
	14 Kim Ionta	55				95					95	95	1
	15 Doreen McCoubrie	57						95			95	95	1
	16 Susan Hay	55	90								90	90	1

17	Lorraine Jasper	57		90						90	90	1	
18	Mary Sweeney	59				90				90	90	1	
19	Katherine MacTavish	55	85							85	85	1	
20	Paula Johnson	57		85						85	85	1	
21	Ailing Wang	55			85					85	85	1	
22	Eileen Brennan-Erler	57	80							80	80	1	
23	Karyl Sargent	55		80						80	80	1	
24	Kristen Mossman	55	75							75	75	1	
25	Trish Butler	56		75						75	75	1	
26	Karla Havens	57		75						75	75	1	
27	Suzy West	56			75					75	75	1	
28	Janet Smith	58		70						70	70	1	
29	Bonnie Lindblom	55			70					70	70	1	
30	Gail Hall	59	65							65	65	1	
31	Kerry Monahan	56		65						65	65	1	
32	Brenda Egizi	59			65					65	65	1	
33	Suzanne Cordes	59	60							60	60	1	
34	Mary Buck	55			60					60	60	1	
35	Genevieve Clavier	55	55							55	55	1	
36	Victoria Bok	57			55					55	55	1	
37	Jackie Sword-Olson	55	50							50	50	1	
38	Mary McNulty	56			50					50	50	1	
39	Trisha Kluge	59	45							45	45	1	
40	Jane Polley	56			45					45	45	1	
41	Robyn Schmidt	58	40							40	40	1	
42	Nancy Wilkins-Diehr	56	35							35	35	1	
43	Mary Bryan	58		35						35	35	1	
44	Charlene Fox	55	30							30	30	1	
45	Donna Antkowiak	59			30					30	30	1	
46	Leslie Nowicki	55		25						25	25	1	
47	Barbara Kendall	56			25					25	25	1	
48	Michelle Neal	57	20							20	20	1	
49	Susan Broadwater	59			20					20	20	1	
50	Sally Fowler	57			15					15	15	1	
51	Beth McGuire	55			10					10	10	1	
52	Jacqueline Van Allen	55	5							5	5	1	
53	Debbie Zakerski	56	5							5	5	1	
54	Kelly Kruell	59	5							5	5	1	
55	Annie Herrin	56	5							5	5	1	
56	Amanda King	57	5							5	5	1	
57	Shahdokht Reeder	56	5							5	5	1	
58	Joanna Lacman	56			5					5	5	1	
59	Robin Meece-Varney	58			5					5	5	1	

		Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
<b>Women60-64</b>		1	2	3	4	5	6	7	8	Total	Best	#	
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events
1	Cynthia Williams	63	45	90	95	65	80	65			440	395	6
2	Patrice Combs	62			100	95	100	95			390	390	4
3	Margaret Taylor	63	30	70	85	70	85	70			410	380	6
4	Mireille Silva	60	25	70		80	90	85			350	350	5
5	Susan Stirrat	63	35	60	80	20	75				270	270	5
6	Jennifer Teppo	60	100			100					200	200	2
7	Joanna Harper	62	60	75		60					195	195	3
8	Darlene Saeva	60		80		30		75			185	185	3
9	Sharon Moore	64		85	90						175	175	2
10	Betsy Miller	60	70	95							165	165	2
11	Liane Pancoast	61	80			85					165	165	2
12	Rosemarie MacGuinness	62	55					80			135	135	2
13	Susan Cooke	60		100							100	100	1
14	Nancy Simmons	60						100			100	100	1
15	Sara Freitas	60	95								95	95	1
16	Ena Weinstein	60					95				95	95	1
17	Regina Joyce	61	90								90	90	1
18	Nora Cary	64				90					90	90	1
19	Ruby Ghadially	61						90			90	90	1
20	Joannie Siegler	61	85								85	85	1
21	Mo Bartley	63	75								75	75	1
22	Karen Corl	64			75						75	75	1
23	Julie Haynes	60				75					75	75	1
24	Linda Powers	61	65								65	65	1
25	Jan Tefft	60		65							65	65	1
26	Drusilla Pratt-Otto	60	15			40					55	55	2
27	Alda Cossi	63				55					55	55	1
28	Marion Hayes	62	50								50	50	1
29	Nancy Dorn	60				50					50	50	1
30	Rachel Shanor	61				45					45	45	1
31	Mary Ryzner	64	40								40	40	1
32	Cindy Buhner	60				35					35	35	1
33	Tina Breen	62	25								25	25	1
34	Valerie Tomolonis	60				25					25	25	1
35	Deborah Shea	64	20								20	20	1
36	Patricia Chandler	61				15					15	15	1
37	Elizabeth Unislawski	63	10								10	10	1
38	Jane Zeytoonian	61				10					10	10	1
39	Cynthia Hastings	61	5								5	5	1
40	Marian Schmidt	63	5								5	5	1

41	Donna Stevens	61	5								5	5	1	
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
	<b>Women65-69</b>		1	2	3	4	5	6	7	8	Total	Best	#	
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events	
1	Kathleen Allen	69	80	75	100		90				345	345	4	
2	Jeanette Groesz	69	100	95		90					285	285	3	
3	Cynthia Lucking	65	85	90							175	175	2	
4	Sabra Harvey	69		100							100	100	1	
5	Karen Durante	68				100					100	100	1	
6	Victoria Crisp	67					100				100	100	1	
7	Jill Miller-Robinett	65						100			100	100	1	
8	Ernestina Martin	65	95								95	95	1	
9	Kathleen Doswell	69			95						95	95	1	
10	Suzanne Ray	66				95					95	95	1	
11	Terry Ozell	66					95				95	95	1	
12	Victoria Salvador	66						95			95	95	1	
13	Donna Chan	67	90								90	90	1	
14	Patricia Travis	67			90						90	90	1	
15	Nancy Munson	65		85							85	85	1	
16	Martha Gullo	66			85						85	85	1	
17	Erika Campbell	69				85					85	85	1	
18	Char Davidson	65		80							80	80	1	
19	Gail Kislevitz	67				80					80	80	1	
20	Willie Mundt	69	75								75	75	1	
21	Mary Young	65				75					75	75	1	
22	Myrtle Spowart	65	70								70	70	1	
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
	<b>Women70-74</b>		1	2	3	4	5	6	7	8	Total	Best	#	
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events	
1	Carol Rhodes	71	80	85			90	95			350	350	4	
2	Sharon Gerl	71		100		100					200	200	2	
3	Carolyn Mather	70	100	95							195	195	2	
4	Terry Foody	71		90			95				185	185	2	
5	Judy Melton	71					85	90			175	175	2	
6	Suzanne Gibson	72			100						100	100	1	
7	Susan Aderhold	72					100				100	100	1	
8	Jeannie Rice	71						100			100	100	1	
9	Judy Schickler	73	95								95	95	1	
10	Barbara Biasi	71			95						95	95	1	
11	Jan Holmquist	74				95					95	95	1	
12	Manya Hult	73	90								90	90	1	
13	Judith Robertson	72			90						90	90	1	
14	Patty Foltz	71				90					90	90	1	



15	Dianne Anderson	72	85								85	85	1		
16	Barbara LoPiccolo	71	85									85	85	1	
17	Linda Zavalick	72				85					85	85	1		
18	Susan Hartman	74	85									85	85	1	
19	Mary Tyler	71				80					80	80	1		
20	Nancy Morris	72	75										75	75	1
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK					
	<b>Women75-79</b>		1	2	3	4	5	6	7	8	Total	Best	#		
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events		
1	Catherine Radle	76	100	100			90	100			390	390	4		
2	Kathleen Scotti	77	100									100	100	1	
3	Norma Thomas	77					100				100	100	1		
4	Virginia Lopez	78	95										95	95	1
5	Myrna Barnett	76					95				95	95	1		
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK					
	<b>Women80-84</b>		1	2	3	4	5	6	7	8	Total	Best	#		
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events		
1	Madeline Bost	80		95	100			100			295	295	3		
2	Tami Graf	83			100	100		95			295	295	3		
3	Mary Ann Maher	80	100									100	100	1	
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK					
	<b>Women85-89</b>		1	2	3	4	5	6	7	8	Total	Best	#		
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events		
1	Edna Hyer	85				100					100	100	1		
			Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK					
	<b>Women90-94</b>		1	2	3	4	5	6	7	8	Total	Best	#		
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Pts	5 Pts	events		
1	Betty Lindberg	94					100				100	100	1		