

USATF AR NEWSLETTER

Summer 2019, Volume 2
(Outdoor Championships)



Outdoor Championships Location:

Drake Stadium - Drake University

Address: 2719 Forest Ave.
Des Moines, IA 50311

Headquarters Hotel:

Hilton Des Moines Downtown

Address: 435 Park St.
Des Moines, IA 50309

Additional Hotels:

Des Moines Marriot Downtown

Address: 700 Grand Ave.
Des Moines, IA 50309

Staybridge Suites Des Moines Downtown

Address: 201 E. Locust St.
Des Moines, IA 50309

For additional information on the 2019 Toyota USATF Outdoor Track & Field Championships, please go to:

http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships/Athlete-Info.aspx%23Practice_Times#Practice_Times

Credential/Ticket Pick-Up

You must present picture identification to receive your credential. Credential/ticket pick-up will take place based on the following schedule:

Location:

Shivers Courtside Club
Drake University, 2719 Forest Ave.
Des Moines, IA 50311

Dates/Times:

Tuesday, July 23: 12:00pm – 6:00pm

Wednesday, July 24: 9:00am – 6:00pm

Thursday, July 25: 9:00am – 6:00pm

Friday, July 26: 9:00am – 6:00pm

Saturday, July 27: 9:00am – 6:00pm

Sunday, July 28: 9:00am – 12:00pm

***Credentials will be required for access into the venues for competition and practice, starting Tuesday, July 23, 2019.**

Important Dates

2019 Toyota USATF Outdoor Track & Field Championships,

Location: Des Moines, IA
Date: July 25-28, 2019

AR Seminar at 2019 Toyota USATF Outdoor Track & Field Championships,

Location: Hilton Des Moines Downtown, Linear Room (2nd Floor), Des Moines, IA
Date: July 26, 2019
Time: 8:00am – 12:00pm

AR Seminar at 2019 AAM Annual Meeting

Location: Boston, MA
Date: November 7, 2019

AR Seminar at 2019 USATF Annual Meeting

Location: Reno, NV
Date: December TBD, 2019

Outdoor Championships Practice/Competition Schedules

Practice Schedule

http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships/Athlete-Info.aspx%23Practice_Times#Practice_Times

Competition Schedule

<http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships/Schedule.aspx>

Team Processing

Information regarding team processing can be found here:

<http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships/Athlete-Info.aspx#Processing>

Bus Schedule

See:

<http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships/Athlete-Info.aspx#Bus>

Parking at Outdoor Championships

Parking passes will be available for purchase via an online portal. A parking pass will cost \$75 and can be used Thursday-Sunday. The parking lot is located near Drake Stadium in front of the Tennis Center building (where USADA testing takes place). Expect to receive an email soon with further details regarding purchase through the portal.

AR Online Directory

Any modifications needed to the Athlete Representative Online Directory should be directed via email to:

Agents@usatf.org

Heat Sheets

Heat sheets will be posted at:

<http://www.usatf.org/Events---Calendar/2019/USATF-Outdoor-Championships.aspx>

USADA – Dietary Supplements – Athlete Information

Reducing Supplement Risk with NSF Certified for Sport®

Dietary supplements are regulated in a post-market fashion, which means that no regulatory body approves the accuracy of the label or safety of the contents before they are sold to consumers. As such, no dietary supplement can be guaranteed to be 100 percent risk-free. If athletes choose to use supplements despite the risks, USADA has always recommended that athletes use only dietary supplements that have been certified by a third-party program that tests for substances prohibited in sport. USADA currently recognizes NSF Certified for Sport® as the program best suited for athletes to reduce the risk from supplements. Click [here](#) for more information on reducing supplement risk with NSF Certified for Sport®.

Higenamine: What Athletes Need to Know to Compete Clean

Higenamine was added to the World Anti-Doping Agency (WADA) Prohibited List in [2017](#) and is classified as a beta-2 agonist, which means it is **prohibited at all times**, both in and out-of-competition. The prohibited substance is becoming more common in dietary supplements, so click [here](#) to learn more.