

USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE
2017-2020 Track Referee (Grades 1 & 2)
Certification Rules Review (v 1.0)



Purpose

The purpose of this open-book rules review is for officials to demonstrate their familiarity with, and knowledge of USATF and NCAA rules as a Referee for running events.

Instructions

Use the 2016 USATF Competition Rules (<http://www.usatf.org/About/Competition-Rules.aspx>) and the 2015-2016 NCAA Cross Country/Track & Field Rules (<http://www.ncaapublications.com/c-60-track-field.aspx>) to complete this review.

There are a variety of question types in Sections I thru V below. Enter your answers below on this paper, which will serve as your answer sheet, and send it to your association certification chair.

Scoring

A total of 100 points are available. The minimum passing score is as follows: **Grade 1** - 80%; **Grade 2** – 90%

PART I – True/False Questions (Total: 18 points)

7 questions – 1 point for the correct answer and 1 point for each correct rule. Circle either True or False, and enter the applicable rule number(s).

1. In a **NCAA** relay race, if a baton is dropped outside the exchange zone either runner may pick it up.
True / False Rule # _____
2. In both **NCAA and USATF** competitions, it is a violation if an athlete touches a steeplechase barrier with his or her hands while going over it.
True / False Rule # _____ Rule # _____
3. The decision of the referee in **NCAA and USATF** meets in all matters is always final and without appeal.
True / False Rule # _____ Rule # _____
4. In both **NCAA and USATF** competitions, the referee has the power to cancel or postpone to a future date any event, even if it is underway, if in the Referee's judgment the competition cannot be conducted or completed in a satisfactory manner and in fairness to the competitors and the officials..
True / False Rule # _____ Rule # _____
5. In a **NCAA** competition, a referee may act upon a violation he or she observes during competition.
True / False Rule # _____
6. In all races run in lanes in both **USATF and NCAA** meets, without material advantage being gained and no other runner being obstructed, a competitor may run outside their assigned lane in the straightaway.
True / False Rule # _____ Rule # _____
7. In a **NCAA** meet, it is a violation if a runner takes two or more steps on or over the outer line of their lane on a curve.
True / False Rule # _____

PART II – Multiple Choice Questions (Total: 7 points)

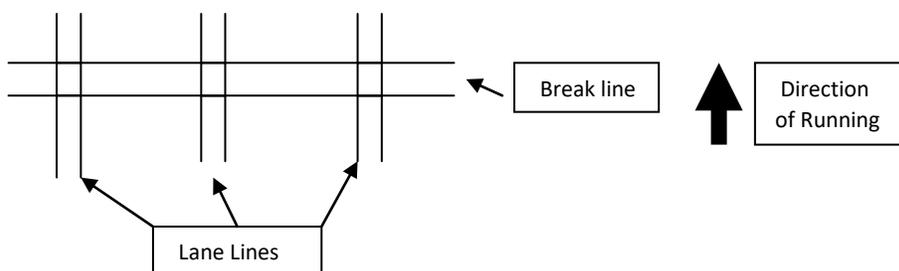
3 questions – 1 point for the correct answer and 1 point for the correct rule number. Circle the correct answer letter and the applicable rule number(s).

8. The proper position for hurdles in **USATF** meets is:
- A. The side of the hurdle board nearest the finish aligned with the side of the track marking nearest the start
 - B. The edge of the hurdle base nearest the finish aligned with the side of the track marking nearest the finish
 - C. The side of the hurdle board nearest the start aligned with the side of the track marking nearest the start
 - D. The side of the hurdle board nearest the start aligned with the side of the track marking nearest the finish
- Rule # _____
9. Please indicate which of these is not a violation in an **NCAA** competition:
- A. Knocking over every hurdle
 - B. Intentionally knocking over a hurdle
 - C. Running around a hurdle
 - D. Advancing or trailing a leg or foot outside the hurdle width and below the top horizontal plane or plane extended of the hurdle
- Rule # _____
10. The legality of the baton exchange in a relay for both **NCAA and USATF** meets is determined by the:
- A. The position of the incoming runner
 - B. The position of the outgoing runner
 - C. The position of the baton
- Rule # _____ Rule # _____

PART III – Short Answer Questions (Total: 5 points)

3 USATF questions, each worth points as indicated in the question.

11. In the 800 m, starting in lanes, with a one-turn stagger, and the 4x400 m, with a three-turn stagger, cones are placed at the break line. Mark on the following drawing the proper placement of those cones. Please show them as black squares and indicate the applicable **Rule Number**. (2 points)



12. The passing of the baton commences when it is first touched and completed the moment it is only in the hand of the _____ runner within the exchange zone. Rule # _____ (2 points)
13. The order of finish in a running event is determined by the order in which any part of their _____ reached the perpendicular plane of the nearer edge of the finish line. (1 point)

PART IV – Worksheets (20 points)

14. At a USATF Championship meet, the following men's 800M seed list was used for the heat assignments for the preliminary round (4 heats, 8 per, heat). Sixteen athletes will advance to the semi-finals - top 3 plus 4 on time. Table 2 is the result of the preliminary heats. Indicate on this table which athletes will advance to the semi-finals. In the space provided in Table 3, establish the ranked seeding list after the first round results. Then, in the space provided, establish a start list for the semi-finals (preferred lanes are 3, 4, 5, 6; then 2, 7; then 1, 8). USATF 166.1 rules will apply to this situation. What steps will you take to get your results? (10 points)

Table 1 Original list of entries ranked by mark

Bib #	Name	Seed mark
712	Joe Abbott	1:45.18
348	Elijah Greer	1:45.30
777	Tevan Everett	1:45.44
527	Harun Abda	1:45.51
1014	Nicholas Symonds	1:45.55
929	Brian Gagnon	1:45.68
890	Duane Solomon Jr.	1:46.03
693	Richard Jones	1:46.12
880	Mark Weiczorek	1:46.20
524	Khadevis Robinson	1:46.21
116	Andrew Dawson	1:46.50
546	Tetlo Emmen	1:46.72
521	David Pachuta	1:46.73
504	Michael Preble	1:46.80
361	Liam Boylan-Pitt	1:46.99

559	Brandon Shaw	1:47.06
287	Ryan Martin	1:47.40
498	Brandon Johnson	1:47.53
284	Christian Smith	1:47.55
424	Casimir Loxsom	1:47.89
820	Erik Sowinski	1:47.89
940	Christian Gonzalez	1:47.89
563	Rob Novak	1:48.20
323	Tyler Mulder	1:48.41
423	Benjamin Scheetz	1:48.50
794	Jackson Langat	1:48.66
80	Michael Rutt	1:48.84
370	Patrick Roach	1:49.32
347	Willie Brown	1:49.38
741	Charles Jock	1:49.60
462	Sharif Webb	1:49.77
278	Lance Roller Jr.	1:49.91

Table 2 First round heats results

Place	Bib # and Name	Mark
Heat 1		
1	1014 Nicholas Symonds	1:47.43
2	521 David Pachuta	1:47.54
3	820 Erik Sowinski	1:48.51
4	424 Casimir Loxsom	1:48.55
5	370 Patrick Roach	1:48.84
6	546 Tetlo Emmen	1:49.33
7	347 Willie Brown	1:53.27
8	527 Harun Abda	DNF
Heat 2		
1	323 Tyler Mulder	1:46.62
2	287 Ryan Martin	1:47.15
3	880 Mark Weiczorek	1:48.20
4	712 Joe Abbott	1:48.90
5	278 Lance Roller Jr.	1:48.92
6	423 Benjamin Scheetz	1:49.61
7	559 Brandon Shaw	1:50.32
8	693 Richard Jones	DNF

Heat 3		
1	741 Charles Jock	1:46.62
2	80 Michael Rutt	1:47.01
3	504 Michael Preble	1:47.85
4	929 Brian Gagnon	1:47.89
5	777 Tevan Everett	1:47.95
6	284 Christian Smith	1:49.64
7	116 Andrew Dawson	1:50.03
8	940 Christian Gonzalez	1:53.23
Heat 4		
1	524 Khadevis Robinson	1:46.56
2	348 Elijah Greer	1:46.64
3	890 Duane Solomon Jr.	1:46.70
4	462 Sharif Webb	1:48.15
5	563 Rob Novak	1:48.50
6	794 Jackson Langat	1:48.87
7	498 Brandon Johnson	1:49.16
8	361 Liam Boylan-Pitt	1:54.14

- 2 points for accurately identifying/listing qualifiers - 1/8 point per athlete
- 4 points for listed in correct ranked order by new seed time - 1/4 point per athlete
- 2 points for correct heat(s) – 1/8 point per athlete
- 2 points for correct lane(s) – 1/8 point per athlete

Total 10 points

PART V – Essays (50 points)

10 questions, each worth 5 points. Write your answers on a separate sheet and attach it to these pages.

Note: The essay questions below reflect complex situations that have several things to consider. Be certain to address such things as: What information do you need, who would you talk to, and what questions would you ask? What rules are pertinent to the situation? What are possible options to remedy the situation? What option would you select and why?

16. You are the running referee at your Association Masters Championships. When you arrive at the track, you discover that it is not marked for the Women's 80 meter hurdles. What would you do?

17. During your track inspection you notice that the steeplechase water jump barrier is very loose where the pipes supporting the barrier are inserted into the track. Although it will not fall, it will rock as the runners step on it giving them less than desirable footing. What options to correct this problem, if any, would you propose?

18. Following the 400 meter hurdles for Intermediate Boys in a youth meet while setting the heights for the girls 400m hurdles, an umpire observes that one flight of the boys hurdles was improperly set at 33 inches instead of 36 inches. He reports that to the Referee. You did not get a protest. What action would you take?

19. During the hammer throw competition, a hammer lands on the track such that there is a hole in the track just where the runner in lane 1 would normally take off for the third hurdle in the 400 meter hurdles. The finals for that event will occur at the end of this session, which is about 3 hours away. Eight athletes have qualified for the finals in the hurdles. What options do you have and which would you chose and why?

20. It is raining at the beginning of the women's 10,000 meter run. A minute after the race begins; the head trainer comes to you to let you know there is lightning approaching the area. When the leader had run 4800 meters (13 laps to go), there is a lightning strike about 6 miles away which you see and hear. As the referee, what are your options? What actions would you take? What could have been done proactively to prevent this scenario?

21. It is over 90 degrees F when the qualifying rounds of the 5000 meter race starts. After the start of the first heat, the medical advisor recommends that an aid station be placed on the track. What should you do?

22. As the referee you have only 6 umpires for the 400 meter hurdles. Where would you place them and why?

23. During a heat of the 110 meter hurdles in an NCAA meet, you receive the following reports from the umpires (location noted). What ruling would you make and why?

- Umpire 1 (behind the start line on the inside lanes) - Athlete in Lane 1 stumbled and then pushed the 3rd or 4rd hurdle over with his hand.
- Umpire 2 (on the inside of the track between hurdles 3 and 4) - Athlete in Lane 1 stumbled going over the 3rd hurdle. When he reaches the 4th hurdle, he hits the hurdle with his chest.
- Umpire 3 (on the outside of the track between 6 and 7) - Athlete in Lane 1 pushed hurdle over with hand.
- Umpire 4 (chief umpire, located on the outside of the track beyond the finish line) - Athlete in Lane 1 pushed over hurdle with hand.
- Note: The athlete in Lane 1 finishes the race.

24. Immediately after the race, you receive a report that for the first of three heats of the 200 meters, the timing system did not work correctly. There is no picture showing the finishers. What are possible remedies to this situation?

25. In the qualifying round for the 1500 meters, one runner falls down at about the 200 meter mark. There is no a call by the nearby umpires. That runner does not complete the event but does protest that someone ran up his back and tripped him. He doesn't know which athlete tripped him, but his coach has the incident on video. What steps would you take to resolve the protest in an NCAA meet? In a USATF meet?